



Algoma District School Board Hockey Skills Academy

Information Package 2025-2026

Vision

The Vision of the Algoma District School Board Hockey Canada Skills Academy is that learners in the Algoma District School Board engage in innovative experiences that maximize achievement, build confidence, and develop responsible citizens.

Open to male and female students in grades 7-10 and some 11's at each Sault Ste. Marie secondary school, the ADSB Hockey Skills Academy will help student athletes learn and improve advanced individual skills and tactics, while developing a lifestyle on and off the ice that emphasizes building character through achieving both athletic and scholastic success. Purposeful practices led by highly trained staff, strength and conditioning designed to maximize physical attributes, and a focus on leadership, citizenship, and career exploration will all position the student to achieve his/her individual goals in an engaging environment.

High School Program (grades 9 and 10) – First Semester Only

- Paired programming for success: PAL 10 / 20 , (Physical Education - large group activities) and CHV20/GLC20 (Careers/Civics) **OR** IDC 30 (hockey technical curriculum)
- 50 hours of on-ice time dedicated to skill development, 2 or 3 times a week.
- 60 hours of off-ice training (fitness training, theory, health and hockey curriculum)
- 110 hours of careers and civics curriculum with a focus on sport and culture.
- Instruction from a qualified teacher and community skills expert

Elementary Program (grades 7 and 8) From September to March

- 59 hours of on-ice time dedicated to skill development throughout the school year, twice a week
- Instruction from a qualified teacher and community skills expert





Fee Structure

The fee for this program is \$500.00. A \$100.00 deposit is due with a completed registration form. The remaining \$400.00 is due on or **before September 5, 2025** (school cash on-line is the preferred method of payment, or by credit card)

Included with the fee:

- 50 hours (high school) or 59 hours (grades 7/8) of ice time
- 50 or 59 hours of instruction from a qualified teacher or community skills instructor
- Transportation one way to the John Rhodes for each session
- A Hockey Canada Skills Academy hockey jersey and socks
- Hockey Canada Skills Academy shorts and t-shirt

Financial assistance is available and will be reviewed on a case by case basis by request.

Transportation

High school students are responsible for providing their own transportation to the John Rhodes Arena each morning arriving no later than 7:45 AM. Transportation will be provided by the Algoma District School Board for students to return to their home schools at lunch time. High school students will attend afternoon classes at their home schools each day.

Grade 7 and 8 students are bussed to the John Rhodes Arena twice a week at 1:30 PM for their on ice session. Students are responsible for their own transportation from the rink at the completion of the on-ice session. Students must be picked up by 3:30 PM on Days 1 and 3 in the 5 day intermediate rotation.

Equipment

Students are responsible for supplying their own hockey equipment for on ice sessions. All equipment must be worn and must be CSA approved. In the event that a student requires one or more articles of equipment the Algoma District School Board may provide assistance. Parent requests for equipment will be addressed on a case by case basis. A designated storage area will be available at each 7-12 school for student equipment.

Admission Requirements

Enrolment in this program is limited thus, we cannot guarantee a spot for all applicants. Acceptance will be based on: work habits, consistent learning skills and regular attendance. Once program selection has been made by committee, a waiting list will be generated.





Example of a typical day for a student

Grade 7/8 Day 1 and 3 at rink after 2pm. Day 2, 4 and 5 at home school all day	8:30 AM to 1:30 PM attend regular home school	1:30 PM transportation provided to John Rhodes Arena	2:00 PM to 3:00 PM on ice instruction	3:30 PM student pick up by parent or guardian.
Grade 9/10 (Group 1 a/b) (Mon to Fri)	Arrive at arena by 7:45 AM	8:00 to 9:00 AM Group 1 a/b on ice session or workout. (Not always the same days)	9:20 to 10:35 AM Group 2 in class session	10:45 AM Transportation to home school
Grade 9/10 (Group 2) (Mon to Fri)	Arrive at arena by 7:45 AM	8:00 to 9:15 AM Group 1 in class session	9:25 to 10:25 AM Group 2 on ice session or workout (not always the same days)	10:45 AM Transportation to home school

Registration

Current Grade 9 ADSB students will select the ADSB Alliance Academy during course selection process.

For any current Grade 8 students or Grade 9 students from other boards, [please use the following link to register](#) for the 2025/ 2026 school year.

Use School Cash On-line to pay the \$100.00 deposit when you apply. Balance of \$400.00 to be paid through school cash on-line by the end of the first week of school in Sept.

The selection committee will review applications and confirm registration prior to the start of the school year

Our Staff

Sarah Fewchuk

- ADSB Hockey Skills Academy Instructor and lead teacher, secondary
- Teacher Superior Heights
- 4 years at Elmira College NCAA women's hockey
- Won National Championship with Elmira College NCAA in 2002
- Inducted to the hockey hall of fame in the team category





Matt Figures

- ADSB Hockey Skills Academy Instructor and lead teacher, secondary
- Sault North Stars AAA GNML
- Level 2 hockey coaching
- 15 years high school hockey coaching at White Pines and Korah
- U5-U7 Soo Pee Wee hockey league coach
- Executive member at Soo Pee Wee
- Soo Pee Wee skills instructor
- 2023 Boston Marathon runner – finished top 1% in age

Matt Caria

- ADSB Hockey Skills Academy Instructor and lead teacher, secondary
- Toronto/Mississauga St. Michael's Majors OHL
- Soo Greyhounds OHL
- Lakehead University OUA
- Kalamazoo Wings ECHL
- Manchester Storm EIHL

Mark Matier

- ADSB Hockey Canada Skills Academy instructor and teacher, intermediate
- Grade 8 teacher, Korah intermediate program
- 309 semi-pro and European pro games played
- Drafted by the NHL's Washington Capitals (1992)
- Member of the Soo Greyhounds (1990-1993, Memorial Cup Champion)

Mike Campbell

- Local rep hockey Atom to Bantam
- Varsity University football player Sir Wilifird Laurier
- ADSB Hockey Canada Skills Academy Instructor
- Grade 7/8 teacher White Pines Intermediate





Aiden Wright

- Varsity hockey, NCAA Lake Superior State University
- Served as captain at Lake Superior State in his last year
- Served as captain for Powell River Kings, BCHL
- Assistant Coach, Sault Thunderbirds Jr. A hockey
- Local Fireman

John Glavota

- Junior hockey in Kitchener and Cambridge
- Varsity hockey player, Laurentian University, 4 years
- Played in the UHL, CHL, and IHL semi pro and pro leagues
- Played for the Croatian national team
- Coached at the Midget AA level locally
- Has been coaching competitive girls hockey for the past 5 years
- Local Real Estate Agent

Chris Huckson

- Captain of Midget AAA hockey team
- Junior hockey in Waterloo
- Recent Head Coach Pee Wee AAA Jr. Greyhounds
- Coached at a variety of levels from midget AAA to atom AAA
- Local Fireman

Micky Sartoretto

- Sault Thunderbirds junior A Hockey Club Captain
- Kitchener Rangers – OHL
- Saginaw Spirit – OHL
- University of Waterloo Hockey
- Coached high school hockey, Pee Wee AA, Midget AAA, and Sault Thunderbirds Junior A.
- Local Fireman





Michael Quesnele

- Soo Greyhounds - OHL
- Lakehead University OUAA
- British Elite Hockey League
- Local Fireman

David Quesnel

- Peterborough Petes – OHL
- Soo Greyhounds – OHL
- Lakehead University OUAA
- Local Fireman

Nick Plastino

- Barrie Colts – OHL
- Asiago Italy Serie A
- Bofors Sweden 1st Division
- Ambri-Piotta Swiss-A
- SM-liiga Finland
- Switzerland National League A
- Bolzano - Austrian League

Bill Vanderleest (Goalie Coach)

- Bantam AAA hockey
- Soo Indians U18 AAA hockey
- Soo Eagles Junior A hockey
- Sault College ACHA hockey
- U18 Women's AA hockey
- Local Real Estate Agent





David Scott

- ADSB Hockey Canada Skills Academy goalie instructor

Brett Nasby

- Oshawa Generals OHL
- Erie Otters OHL
- Florida Everblades ECHL
- U. of Prince Edward Island AUS
- Drafted 5th round, 2004 to the Florida Panthers NHL

Steve Caruso

- ADSB Hockey Canada Skills Academy Program administrator
- Principal Korah Collegiate 7-12 School
- Coach, Sault Ste. Marie Midget AA Lady Greyhounds
- Coach, Sault Minor AAA Jr. Greyhounds (Atom and Pee Wee)
- Varsity hockey player University of Ottawa varsity Gee Gees
- Junior A hockey, Pembroke Lumber Kings, Ottawa Jr. Senators

Contact Us

If you have any questions or for further information, please feel free to contact:

Steve Caruso	Program Administrator Principal, Korah 7-12 School	705-945-7180	carusos@adsb.on.ca
Marcy Bell	Superintendent of Education	705-945-7111	

