

Classroom Supports for Students with Concussion

Not all students will require all the classroom supports. The classroom supports that the student needs will depend on their symptoms and what supports enable them to participate in school-based activities.

<i>Environment</i>	<i>Instruction</i>	<i>Assessment and Evaluation</i>
• Provide an alternate workspace with less noise and distractions • Offer preferential seating to minimize distractions • Allow nutrition breaks reduce audio/visual stimuli • Allow the student to wear aides to reduce light and noise • Allow the student to work with a partner • Provide extra time for transition between classes • Excuse the student from assemblies • Allow the student to rest in a quiet room	• Provide alternatives for screen-based instruction • Chunk and breakdown tasks so that they are smaller and manageable • Provide breaks • Provide short and concise written instructions • Have the student write instructions down step-by-step or repeat the instructions in their own words • Use colour coding and/or highlighting to emphasize key pieces of information • Monitor participation in group work • Provide printouts instead of notetaking • Provide copies of missed notes from peers • Limit the amount of materials on the student's desk	• Provide an agenda or planner to help with organization and keeping track of assignments, tests, and due dates • Limit the amount of homework • Help the student to prioritize tasks • Extend deadlines for assignments • Stop testing or evaluating the student until appropriate • Provide extra time for assessments and evaluations • offer an alternate, quiet workspace for test taking or assignment completion • Allow the student to use fact sheets on tests • Offer the option of multiple-choice and open-book tests (rather than short answer or essay) • Provide options for completing assignments
		

Source: The content provided in this table has been adapted from the York Region District School Board and Nationwide Children's Hospital