



The **ADSB Alliance Academy** is a cross-city opportunity for all genders entering Grades 9 and 10, who attend our three secondary schools in Sault Ste Marie (Korah, Superior Heights and White Pines). Students access eligible bus routes in the morning to travel to the Alliance Academy of their choice. Students are then transported back to their home school for the afternoon via an ADSB lunch-time shuttle.

Students can select a maximum of two Alliance Academy options in [myBlueprint](#) during course selection (one each semester). The course packages are designed to ensure students are able to meet the compulsory course graduation requirements while participating in one or more Alliance Academy option.

When students select an Academy option, they are automatically scheduled in the two courses listed below, which integrate sport-specific examples and learning throughout the curriculum. The IDC30/IDC3U Interdisciplinary Studies course curriculum focuses on fitness, nutrition, sports psychology, coaching, refereeing, injury maintenance and prevention, career exploration, and video analysis.

Basketball Academy



Grade 9s - *PAL10
(Healthy Active Living) and
*CHV20/GLC20
(Careers & Civics)

Grade 10s - PAL20
(Healthy Active Living) & IDC30
(Interdisciplinary Studies)

The Basketball Academy runs Semester 1 and is housed at White Pines.
**The fee for this program is \$250.

Hockey Academy



Grade 9s - *PAL10
(Healthy Active Living) and
*CHV20/GLC20
(Careers & Civics)

Grade 10s - PAL20
(Healthy Active Living) & IDC30
(Interdisciplinary Studies)

The Hockey Academy runs Semester 1 and is housed at the John Rhodes Community Centre. **The fee for this program is \$500.

Football Academy



Grade 9s - *PAI10
(Healthy Active Living) and *ENL1W
(English)

Grade 10s - PAI20
(Healthy Active Living) & IDC30/3U
(Interdisciplinary Studies)

The Football Academy runs Semester 2 and is housed at Superior Heights. **The fee for this program is \$400.

Soccer Academy



Grade 9s - *PAI10
(Healthy Active Living) and *ENL1W
(English)

Grade 10s - PAI20
(Healthy Active Living) & IDC30/3U
(Interdisciplinary Studies)

The Soccer Academy runs Semester 2 and is housed at Korah and the Northern Community Centre (NCC). **The fee for this program is \$500.

*Compulsory course requirement

**Financial assistance is available and will be reviewed on a case-by-case basis.



The **ADSB Alliance Academy Minds in Motion** program will help student athletes in grades 9 and 10 learn and improve advanced individual skills and tactics, while developing a lifestyle in and away from their sport that emphasizes building character through achieving both athletic and educational success.

Purposeful training sessions in kickboxing, jiu jitsu, boxing, and wrestling development are led by highly trained staff and focus on leadership and character building skills.



Students can select the **Minds in Motion** Alliance Academy option in [myBlueprint](#) during course selection. When students select the **Minds in Motion** Academy option, they are automatically scheduled in the two courses listed below, which integrate sport-specific and learning examples throughout the curriculum. The course package is designed to ensure students are able to meet the compulsory course graduation requirements while participating in the Minds in Motion Alliance Academy.

Grade 9s - *PAL10 (*Healthy Active Living*) and *ENL1W (*English*)

Grade 10s - PAL20 (*Healthy Active Living*) and *ENG2P or *ENG2D (*English*)

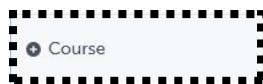
*The Minds in Motion Academy runs Semester 2 and is housed at the Steel City MMA gym located at 258 Queen St. East. Students will be provided with a City bus pass and will need to arrive at the Steel City MMA facility by 8:30 a.m. each day. They will use the City bus to return to their home schools for their afternoon classes. **The fee for this program is \$250. Students will be provided with a T-shirt, shorts, gloves, rash guard, and shin pads.*

**Compulsory course requirement*

***Financial assistance is available and will be reviewed on a case-by-case basis.*

Selecting an Alliance Academy Option in myBlueprint:

- Under **Grade 10** (for both grade 9 and 10 students), click:



- Click:



- Click an Alliance Academy option:



You can then select your other classes, noting the following:

Incoming Grade 9 students:

- Do not select a Grade 9 Physical Education credit (*included in all Academy bundles*).
- If you selected Football, Minds in Motion, and/or Soccer, do not select a Grade 9 English credit (*included in Football, Minds in Motion, and Soccer bundles*).
- If you selected Basketball or Hockey, you will complete a compulsory Grade 10 Careers/Civics course in your course bundle.

Incoming Grade 10 students:

- If you selected Minds in Motion, do not select an English credit.